

Learning Body Parts



Name body parts when bathing
e.g. "Wash foot"



Find body parts on a doll or teddy
e.g. "Baby's eye"



Name body parts when putting on
sunscreen e.g. "Cream on arm"



Sing body action songs
e.g. "Head, shoulders, knees and toes..."



Talk about the body when dressing
e.g. "Arm in"



Play body games with Mum or Dad
e.g. "Touch your nose"

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Supporting WA Occupational Therapists working with children

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Developmental Occupational Therapy

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